



## TRUMBULL COUNTY Mental Health and Recovery Board

### Board of Directors

The Board of Directors for a Mental Health and Recovery Board provides strategic leadership and oversight to ensure effective delivery of mental health and substance use recovery services. They guide the organization in policy development, resource allocation, and advocacy to improve community well-being and access to care.

#### Board Members:

**Carol Henderson**, President

**Lance Grahm**, Vice-President

**Laura Green**, Treasurer

**Teri Lacy**, Secretary

Charles Baldwin

Carl Clark

Virginia Cluse

Thomas Harwood

Johnny Hugley

Louise Kline

Rachel Nader

Laurie Perry

Maria Placanica

Kevin Stringer

Robert Walton

Julia Wike

### Community Events

ASAP Drug Summit

ASAP Rally for Recovery

ASAP Summer Track Meet

Crisis Intervention Training  
For First Responders

Unmute the Uncomfortable

TRUMBULL COUNTY  
Mental Health and Recovery Board

Lighting the way  
Through Hope, Support and Guidance.  
FY 2025 ANNUAL REPORT

### Message From the Executive Director

Behavioral Health needs continued to climb in FY2025. In Trumbull County, 30% of the population received health care through Medicaid. Of the people served by community behavioral health agencies, an average of 80% of the clients were on Medicaid. Thanks to the Trumbull County voters passing our Levy renewal in November of 2024, the other 20% of uninsured people with mental health and substance use issues received the help they need. Levy funds assist people in so many ways – with housing, transportation, medication, case management, crisis services and critical incident stress management for first responders. Funding is also used to provide social workers in the schools, after school and summer programs for children, behavioral health services in the jail, community projects led by ASAP and the Suicide Prevention Coalition, job training and employment services, and payeeship and Drop In Center programming for people with severe mental health issues.

*Thank you to everyone who helped promote and pass our renewal levy, to those who provide excellent behavioral health services in our community and to the Board Members and Staff who work so hard to get people the help they need!*

Sincerely,

**April J. Caraway**

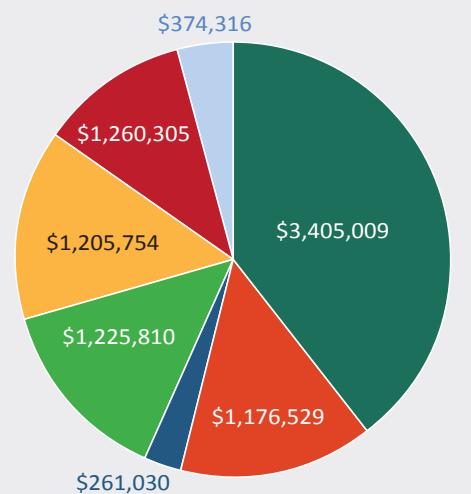
Executive Director



TRUMBULL COUNTY  
Mental Health and Recovery Board

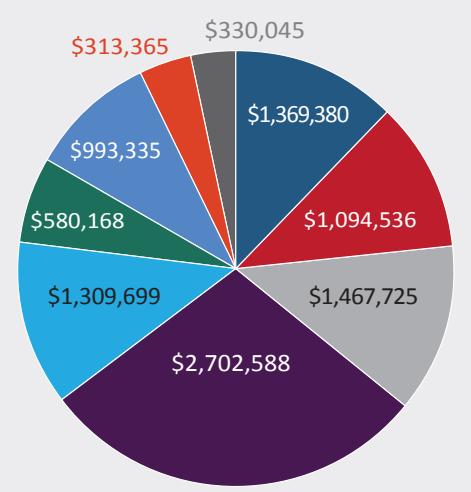


## Revenues FY 2025



**Levy** 38.2%  
**Federal Funding for Substance Misuse** 13.2%  
**Federal Funding for Mental Health** 2.9%  
**State Funding for Substance Misuse** 13.8%  
**State Funding for Mental Health** 13.5%  
**HUD grants for Housing** 14.1%  
**Other Grants & Misc. Income** 4.2%

## Expenditures FY 2025



**Mental Health Services** 13.5%  
**Substance Misuse Prevention & Treatment** 10.8%  
**Supportive Services** 14.4%  
**Housing Services** 26.6%  
**Administrative & Community Services** 12.9%  
**Criminal Justice & Jail Services** 5.7%  
**Services for Children & Adolescents** 9.8%  
**Contracted Professional Services** 3.1%  
**Consumer & Community Supportive Services** 3.2%

## Trumbull County Behavioral Health Crisis Center

The Trumbull County Behavioral Health Crisis Center was a primary project of the Board in FY2025. Beginning in March of 2023, several grants were applied for and received including capital grant funding from the Ohio Department of Mental Health and Addiction Services. The TCMHRB also saved and allocated 2.5 million dollars to this much needed facility located at 820 Pine Ave. SE in Warren, Ohio. When it opens in November of 2025, crisis intervention and prescreening will be provided by Coleman Health Services so that law enforcement, family members and friends will have a place to take someone in a behavioral health crisis. Individuals struggling with their mental health and/or substance use disorders, the unsheltered, and those who are experiencing suicidal thoughts will get the help they need. The other side of the facility holds six short-term supportive housing units for unsheltered women and children and two single females. Oversight for the supportive housing will be provided by the Warren Trumbull Urban League.

For more information call 330-392-1100



## Top ten diagnoses for adults and children served in FY2025

ADULTS	RANK	CHILDREN
Depressive disorders	1	Depressive disorders
Bipolar disorders	2	Anxiety disorders
Schizophrenia	3	Attention deficit disorders
Alcohol use disorders	4	Bipolar disorders
Opioid use disorders	5	Conduct disorders
Anxiety disorders	6	Post-traumatic stress disorders
Post-traumatic stress disorders	7	Adjustment disorders
Z Codes	8	Psychotic/personality disorder
Cocaine use disorders	9	Pervasive developmental disorders
Amphetamine use disorder	10	Cannabis use disorder

Z codes are used in the DSM-5 and ICD-10 system to indicate factors influencing a person's health such as social, environmental, or personal history issues.

## Trumbull County Suicide Prevention Coalition

For Suicide Prevention Month, in September 2024, the Trumbull County Suicide Prevention Coalition rolled out their third annual "Sound the Siren on Suicide" Youth PSA Video Challenge. Trumbull County students in grades 9-12 were encouraged to create a 30-second video on the topic of loneliness and social isolation among teens, and the importance of connection. Local television stations, WKBN and WFMJ, supported the contest by featuring the top three winning videos as public service announcements. Chalker High School placed first; Hubbard High School placed second; and students from the Trumbull Career and Technical Center received third place.



The Coalition partnered with local coffee shops across Trumbull County in our second annual Social Media Challenge in May for Mental Health Awareness Month. Other activities included promoting the 988 crisis line, Man Therapy, Loss Support Group and resources for first responders.

For more information call 330-675-2765 ext. 117



## Recovery Supports

Lack of transportation has long been a significant challenge in Trumbull County, often serving as a major barrier for individuals seeking or maintaining employment. To address this issue among individuals in recovery, the Trumbull County Mental Health and Recovery Board utilized State Opioid and Stimulant Response funds to launch a pilot transportation program in partnership with Valley Recovery Partners. The program employs residents of recovery housing to provide transportation for their peers to and from work. This peer-to-peer model not only removes a critical barrier to employment but also supports the drivers themselves in developing job skills and building their resumes. As one participant shared, "Having the ability to get to and from work is a tremendous leg up for us integrating back into a normal life routine."

## Overdose Awareness Events

In observance of Overdose Awareness Day, held annually on August 31, the Trumbull County Mental Health & Recovery Board (TCMHRB) and the Alliance for Substance Abuse Prevention (ASAP) Coalition partnered with the Trumbull County Combined Health District to host 23 naloxone distribution pop-up sites across the county. Sites included treatment and recovery agencies, faith-based organizations, and local businesses, and were staffed by community volunteers, ASAP Coalition members, peer supporters, TCMHRB staff and board members. More than 1,600 doses of naloxone were distributed throughout Trumbull County that day.



Narcan distribution gets life-saving medication into the community and raises awareness through local media coverage, community interactions, and social media engagement that help is available. Narcan is disseminated multiple times a year at health fairs and neighborhood pop-up sites. It has contributed to reduced overdose deaths in Trumbull County.



## ASAP Faith-Based Subcommittee



The ASAP Faith-Based Subcommittee, in partnership with the Trumbull County ECHO (Empowering Community with Hope and Opportunity) Collaborative and the Warren-Trumbull County Public Library, hosted viewings of the documentary film Resilience: The Biology of Stress and the Science of Hope at the Warren-Trumbull County Public Library throughout May and June of this fiscal year. The film highlights how childhood trauma can significantly increase the risk of addiction later in life and how physical and behavioral health in adults are linked to Adverse Childhood Experiences (ACEs). Numerous faith leaders, ASAP Coalition partners, mental health professionals and other community members viewed the film and then shared their insights and reflections about resilience, ACEs, and trauma. A licensed behavioral health counselor was available during and after each screening to provide guidance and emotional support to viewers.

For more information call 330-675-2765 ext. 104

## Staff

**April J. Caraway**, MSEd, LSW, Executive Director  
**Lauren Thorp**, MSEd, LPC, Associate Director, ASAP Project Director  
**Patricia Shepherd**, CPA, Chief Financial Officer  
**Katie Cretella**, MSEd, LPCC, Director of Clinical Services  
**John Myers**, PhD, Director of Planning and Evaluation  
**Laura Domitrovich**, MSSA, LSW, Director of Youth Programs  
**Carol Holmes-Chambers**, MSW, LSW, Children's Program Coordinator  
**Kim Walker**, BSW, OCPSA, Addictions Program Coordinator  
**Valdeoso (Bud) Patterson**, BBA, Accountant  
**Holly Williams**, MBA, Special Projects Accountant  
**Carie Garris**, Administrative Assistant  
**Bonnie Wilson**, Director of the Family & Children First Council  
**Crystal Crites**, Executive Assistant of the Family & Children First Council